

Unit Plans B.Com/BBA/BCA/B.Sc- 1 (1st semester)
Subject : History and culture of Punjab (BCM101B)
From Earliest time to 1849 A.D
unit-1

Time :3 hour
Max mark :50
Theory : 45
int. Asst : 5

Topics	Teaching Points	Specific objectives	Methods/Approaches Techniques	Resources/links
1. Harappan Civilization: extent and town planning, socio-economic life. 2. Life in vedic Age: Socio conomic, Religious 3. Growth of Jainism and Buddhism & its impact on the Religion.	<ul style="list-style-type: none"> ➤ Introduce the students ancient period of Punjab history. ➤ Main sources literary as well as archaeological sources. ➤ Harappan age; its special features political, social economic or religion life. ➤ Theories regarding the original home of the Aryans; vedic age and its special features. 	<ul style="list-style-type: none"> ➤ To provide students a broader meaning of history and specially ancient period of Punjab culture. ➤ To clear the history and pre- history period with the help of archaeological Source. ➤ To encourage the student to take part in open discussions regarding the area of their studies. 	<ul style="list-style-type: none"> a. classroom teaching. b. open discussion. c. use of blackboard and PPT (PowerPoint presentation techniques). d. map of work. e. Library work. 	<ul style="list-style-type: none"> • Ancient India and historical outline, D.N Tha, Delhi, Manohar. • Ancient India, V.D Mahajan. • People's History of Punjab, Dr.Manzur Ejaz

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Unit-2

Topics	Teaching Points	Specific objectives	Methods/Approaches Techniques	Resources/links
4. Society and Culture under the Mauryas 5. Society and Culture under the Guptas 6. Cultural Reorientation: Main Features of Bhakti, origin and development of Sufism.	<ul style="list-style-type: none"> ➤ About the cultural development under ancient period special reference of Mauryas and Guptas. ➤ Origin of Bhakti movement and its special features . ➤ Cultural reorganization of Bhakti and Sufism and its impact 	<ul style="list-style-type: none"> ➤ To provide a clear concept of Ancient culture of Punjab from Mauryas to Guptas. ➤ To motivate the students to take part in open discussion in the class. ➤ Enable students to analyses the fact critical. 	<ul style="list-style-type: none"> a. classroom teaching. b. library work. c. Assignment. d. Map work with the help of blackboard. 	<ul style="list-style-type: none"> • Punjab History & Culture, C.L Aggrawal • Social and cultural History of the Punjab: Pre historic, Ancient and Medieval, J.S Grewal

Unit-3

Topics	Teaching Points	Specific objectives	Methods/Approaches Techniques	Resources/links
<p>7. Evolution of Sikhism: Teachings of Guru Nanak, Institutional development: Manji, Masand, Sangat-Pangat</p> <p>8. Transformation of Sikhism: Martyrdom of Guru Arjun; Martyrdom of Guru Teg Bahadur; impact</p> <p>9. Institution of Khalsa: New Baptism; significance</p>	<ul style="list-style-type: none"> Regarding the life and teachings of Guru Nanak Institutional development of Sikhism, specially sangat, langar, manji and masand Transformation of Sikhism under Guru Hargobind's new policy Impact of the martyrdom of Guru Arjun and Guru Teg Bahadur. 	<ul style="list-style-type: none"> Provide the students broader aspect of Sikh ideology Motivate the student to take part in classroom discussion. comparative study of Sikhism and other Indian faiths. 	<p>a. open discussion.</p> <p>b. Debate.</p> <p>c. Lectures.</p> <p>d. Library.</p>	<ul style="list-style-type: none"> History and Culture of Punjab, Mohinder singh Punjab History Culture and Literature, Dr. Gurcharan singh.

Unit-4

Topics	Teaching Points	Specific objectives	Method/Approaches Techniques	Resources/links
<p>10. Changes of Society in 18th century: Social unrest; Emergence of Misls and institutions: Rakhi, Gurmata, Dal khalsa</p> <p>11. Society and Culture of the People under Maharaja Ranjit singh</p> <p>12. MAPS: Major historical places of Punjab</p>	<ul style="list-style-type: none"> ➤ About the establishment of Sikh supremacy in Punjab under the rise and growth of Sikh misls ➤ Society and Culture of Punjab under Maharaja Ranjit singh ➤ Development of art, architecture and literature 	<ul style="list-style-type: none"> ➤ To provide the student a broader aspects of Sikh polity under Misls period ➤ Comparison of the society of Punjab with other parts of India. ➤ Map work related with main sites of Sikh History and Ancient or Medieval times 	<ul style="list-style-type: none"> a. open discussion. b. classroom discussion. c. Debate. d. map work use of blackboard. e. library work. 	<ul style="list-style-type: none"> • People's History of Punjab, Dr.Manzur Ejaz • Social and cultural History of the Punjab: Pre historic, Ancient and Medieval, J.S Grewal